



2010 Just for Girls Fall Invite

Hosted by the Des Moines Menace at Cownie Soccer Complex

September 18-19 (U11-U18 girls; U11 and U12 play 8v8)

Your one-page guide to JFG Fall 2010

Updated Aug. 4

COWNIE SOCCER COMPLEX

2600 East Hartford Avenue, Des Moines, IA 50320

Directions and field map available at:

www.MenaceSoccer.com/tournaments/directions

** 2010 Parking Fees: The City of Des Moines charges visitors \$5 per vehicle per day and \$10 per vehicle per weekend. One coach per team receives free parking.*

APPLYING TO PLAY

Teams can apply one of two ways:

1. Online application
2. Mail-in application

These links are on the tournament's official site.

Application deadline is Aug. 17, 2010.

Tournament Director will email contacts to confirm receipt of team's application.

Unfortunately, not all teams that apply will be accepted, due to the premier nature of this tournament. The tournament field will be set the week of Aug. 16, when acceptances will be emailed.

SCHEDULES

Schedules are posted on the tournament's web site:

www.MenaceSoccer.com/tournaments/jfg

RULES & REGULATIONS

Posted on the tournament's official site.

RESULTS

Posted on the tournament's official site.

WEATHER HOTLINE

Call (515) 457-6378.

HOTELS

Teams are required to reserve hotel rooms through **PackYourBoots.com**. The link to the PackYourBoots site can be found on the tournament's official Web site.

TEAM CHECK-IN

Team check-in is **Friday night, from 6 to 9, at Sheraton West Des Moines (University Ave. and I-80/I-35)**.

All local teams are expected to check in on Friday night. If necessary, teams from outside the area may check in at the tournament site, at least an hour before their first match.

Please provide copies of italicized documents for us to keep.

All teams need to present:

- *Official team roster (approved by your association)*
- Player passes for all players and coaches (ready in the same order as your roster, please)
- Medical releases for all players

Teams with guest players need to present:

- *Guest-player form (if required by your association)* Maximum of five guest players per team.
- Player passes for guest players
- Medical releases for guest players

Teams from outside Iowa must present a *permission-to-travel form*, unless they are affiliated with US Club Soccer.

MERCHANDISE

Fine Designs is the official on-site merchandise vendor for our 2010 tournaments, offering custom-order apparel.

CONCESSIONS

Starting in 2010, the City of Des Moines has exclusive rights to concessions at all tournaments at Cownie Soccer Complex. The City of Des Moines asks that you do not consume outside food and drinks while using Cownie's picnic tables.

THINGS TO DO IN DES MOINES

Visit SeeDesMoines.com for area attractions and events.

QUESTIONS?

Contact the Tournament Director: Adam Small
(515) 457-6365 • ajs@MenaceSoccer.com