



# MENACE ACADEMY JANUARY ANNOUNCEMENTS

## CLUB NEWS

HAPPY NEW YEAR...we're looking forward to an exciting 2012!

### JANUARY

#### BIRTHDAYS

Fernando Mares  
Cristian Tavera  
Austin James  
Tucker Kiley  
Nick Secory  
Anthony Velasco  
Jordan Pash  
Andrew Cernicky  
Harry Dudley  
Daniel Madison  
Eric Ratcliff  
Ian Velasco  
Emily Bierbaum  
Kelsey Hofmann  
Zendy Montalvo  
Jordyn Steinkritz  
Aldin Osmanovic  
Alen Vodenicarevic

#### COACH UPDATES

-Welcome to Brad Hoover and Tucker Sindlinger who are Junior Menace head coaches for Winter 2012!

-Best of luck to Josh Thompson who will no longer be coaching with the Menace in 2012.

-Congratulations to Andy Schryver, Mark Newel and Dan James for completing their NSCAA National Diplomas (equivalent to USSF "C" licenses).

#### EIGHT MENACE PLAYERS NOMINATED FOR ODP HONORS

Congratulations to Kelsey Hofmann (U17 Girls) and Milena Foggia (U14 Girls) who were selected for the ODP National Camps that take place at IMG Academies in Florida in February and March!

1995 Camp – Kelsey Hofmann (GK)

1998 Camp – Milena Foggia (MID)

Kylie Saunders, Megan Burditt and Nicole Corkrean were chosen as Super Y League National ODP Selections. In addition, Emily Hofmann, Jordyn Steinkritz and Jaci Finley were all selected as ODP National Camp alternates.

Congrats to this group of ladies on their success and recognition from the Super Y League during summer 2011!

#### *About the ODP Nominations*

Each nominated player has been identified as one of the top players in their birth year, and among the top two percent of players in the Super Y-League.

The ODP Program, which brings together top players from across the United States and Canada, is a crucial component of the USL Super Y-League, offering the best players from the U13 to U17 age groups a chance to receive top-quality coaching and the opportunity to be scouted by U.S. National Team and college coaches. This year's ODP age groups will feature the top players (192 girls & 192 boys) born in either 1995/96 or 1997/98.

#### **iSoccer Partnership**

All Menace Academy players and Menace affiliate players have the opportunity to sign-up for iSoccer. This program is an online training platform that helps players improve their technical skills. The cost for players to register is \$6 and the subscription is good for an entire year.

To receive Menace discount pricing, use this link to register:

<http://menacesoccer.com.ismmedia.com/ISM3/std-content/repos/Top/Academy/iSoccer.html>





# MENACE ACADEMY JANUARY ANNOUNCEMENTS

## CONTACT US

**Des Moines Menace**  
6400 Westown Parkway  
West Des Moines, IA  
50266

**Abby Johnson**  
*Academy Director*  
515-457-6034 office  
[abs@menacesoccer.com](mailto:abs@menacesoccer.com)

**Kevin Schalk**  
*Youth Development  
Director, WLS Head  
Coach*  
515-707-4263 cell  
[kxs@menacesoccer.com](mailto:kxs@menacesoccer.com)

**Neathan Gibson**  
*Director of Coaching,  
Menace Central  
Asst. PDL Head Coach*  
515-457-6364 office  
[nwg@menacesoccer.com](mailto:nwg@menacesoccer.com)

**Laurie Calloway**  
*PDL Head Coach*  
515-457-6301 office  
[ljc@menacesoccer.com](mailto:ljc@menacesoccer.com)

## SOCCER NEWS AND NOTES

### SOCCER ARTICLE OF THE MONTH

Take an Inside Look at Manchester United  
<http://www.youtube.com/watch?v=c0tW-QWI7Wk>

### ACCELERATED REHAB'S TIP OF THE MONTH

As an athlete, nutrition is a vital part of your performance. An easy way to know if you're eating enough fruits to maintain a healthy, athletic body is to try this tip: Buy 7 apples, 7 oranges, and 7 bananas (or another of your favorite fruit), and try to eat all of them in 7 days! Fruits make great, portable snacks and are the perfect sweetness for dessert too!

### UPCOMING INDOOR SOCCER EVENTS

**Menace Kick Around the Clock**  
February 3-4, 2012  
Soccer House  
\*Special 50% discount for teams with 5 or more Menace players

TO REGISTER:  
Contact Adam Small at [ajs@menacesoccer.com](mailto:ajs@menacesoccer.com) or call 515-457-6365  
<http://www.menacesoccer.com/tournaments/clock/>

**Winter Iowa Games**  
January 28-29, 2012  
Dubuque, Iowa  
\*5v5 Play Format

TO REGISTER: <http://www.iowagames.org/Sports/WinterGames/IndoorSoccer.aspx>

**Bulldog Soccer Academy**  
Monday, January 16  
8:30am – noon  
Drake Bell Center  
\*Only for U11 and U12 boys and girls players

TO REGISTER:  
[MLK Day Soccer Festival](#)

### VOLUNTEER OPPORTUNITIES (more details to come for all!)

Kick-Around-the-Clock – Feb. 3-4 at the Soccer House  
Menace Coaches Clinic – Feb. 18 at the Soccer House  
Kidsfest – March 2-4 at Iowa State Fairgrounds

