



Des Moines Menace Academy

In Touch

Volume 1 Issue 3

November 1, 2006

From the Director Of Coaching

I recently returned from a Director of Coaching course in Omaha, Nebraska.....filled with ideas and excitement, but also with pride. This course covered a lot of topics and gave all DOC's many ideas and good references for programs and activities within their club. The single most important fact I brought back to Des Moines with me is the fact that we already are doing so many of the programs that they spoke of. It is reinforcing when you hear the leading Sports Psychologist in the country talk about emphasis on development and not winning, not measuring success by tournaments, or one of the most notable DOC's in the country talk about having a young, diverse and flexible staff. I went into the course not sure what I would learn and left knowing that we are on the right track and doing the right things.

In the coming weeks a lot of information will be emailed out about winter training, Jr. Menace Academy indoor clinics, wrap-ups to the fall season, and some questionnaires and evaluations. One of the biggest aspects of being a successful club that they covered at this clinic was having a good line of communication. I hope that through all the emails, conversations at the field, and phone calls that all of you do and will feel comfortable in communicating with your coaches, myself, or anyone in the administration.

Every time I am at Aliber I leave the fields thinking we have so many neat families in this club. It is all of you who allow us to walk away from courses like the one this past weekend feeling a sense of pride. I hope that we can continue to offer a great soccer experience to kids in the central Iowa community.

Yours in Soccer,

Casey Mann

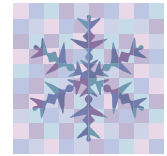
Inside this issue:

From your DOC	1
Thank You's	2
Winter Events	2
2007 Season Tickets	3
Academy Information	3
PDL News	3



NATIONAL SOCCER COACHES ASSOCIATION OF AMERICA
"Coaches teach players. We teach coaches."

members only



**MENACE
WINTER CLINIC**

DECEMBER 26-29, 2006
(Deadline December 15, 2006)

\$50

AGE 5 - 10 (8:30AM - 10AM)
AGE 11 - 14 (10:30AM - 12 PM)

Riverfront YMCA
101 Locust Street
Des Moines, IA 50309

Tuesday - Friday

INCLUDES A
FREE MENACE SOCCER BALL

PRO COACHING to include soccer skills, fitness and games.

**FUTSAL
TOURNAMENT**

JANUARY 12, 13, 14
(Deadline Dec. 31, 2006)

\$125
\$100-If registered before

U12, U14, U16, HIGH
SCHOOL

Riverfront YMCA
101 Locust Street
Des Moines, IA 50309

INDOOR SOCCER
TOURNAMENT

PRIZES TO BE WON

**4 WEEK SESSION
2006-2007
WINTER Speed Training**

4 weeks 8-1 hour sessions

\$100
Per player for a
Menace or High School team of 10

\$125
Per Individual Menace player

\$175
Non Academy Player



**6 WEEK SESSION
2006-2007
WINTER Speed Training**

6 weeks 12-1 hour sessions

\$125
Per player for a
Menace or High School team of 15

\$175
Per Individual Menace player

\$225
Non Academy Player

Speed Training Location:
Downtown YMCA
101 Locust Street
Des Moines, IA 50309

Call Tawnya at 457-6034 for more information on any of these programs.

INDOOR TRAINING TIMES

"Amateurs train at

something until they

can get it right ...

Professionals train at

something until they

can't get it wrong"

8:00am – 9:00am

10:30am – 11:30am

11:30am – 12:30pm

12:30pm – 1:30pm

1:30pm – 3:00pm

U11/U12

U14 girls / U13 boys

U15/16 girls

U15/U16 boys

U17/U18 boys

December 9, 16

January 13, 20, 27

February 3, 7, 10, 17, 24

All sessions will be held at
Central Campus

Check out our Pro Shop this month for Holiday Specials!
Go to www.menacesoccer.com!



We are thankful to you and your families for all the support you give the Menace we Wish you all a Wonderful Thanksgiving!



PDL NEWS

2007 Season Tickets

All 2006-2007 Academy players will receive a free season ticket for the 2007 PDL Season next spring. Parents and siblings take advantage of your 1/2 price season tickets. Buy before December 31, 2006 and take advantage of these great incentives!

- 10% off merchandise gift card good through 8/31/07
- \$10 Kum & Go gas card for every season ticket purchased
- Open Cup tickets and Play Off Games
- Preferred parking
- *Season Ticket Pick Up Party* - where you can meet and greet the Menace Staff and 2007 PDL Players

Contact cri@menacesoccer.com or call 226-9890

Congratulations

- Way to go Matt Kennedy and U17 boys on their 2007 State Cup Championship! Congratulations to U14 girls, U15, U16 and U18 boys for their hard work at State Cup!
- **Did you know???** Menace Academy players receive 15% discount on shoes at Soccer Connections!

Academy Information

How To Find Out the Information You Need to

Check the Menace Website for all up-date information

- The Pro Coaching schedule for Monday nights have been posted
- Goal Keeper Training Schedule

Call the Weather Hotline for any questions about weather-related cancellations

Hotline Number: 457-6378

Contact Your Team Manager and/or coach. They'll often have the answer or know how to find it.

Call the Front Office. You can contact Tawnya Mann at 457-6034 when you have questions.

WWW.MENACESOCCER.COM